



# SCHOOL MEALS FOR ALL IS AN INVESTMENT IN ACADEMIC SUCCESS

## Kids who eat healthy school meals do better in school.

Providing students with healthy meals at school makes them more attentive and engaged in the classroom, leading to better grades, higher attendance rates, and higher graduation rates.

## Eating breakfast at school is associated with better attendance rates and fewer missed school days.

## Studies conducted in NC show



schools that offer no-cost breakfast and lunch are more likely to have high performance grades and to meet growth targets.



out-of-school suspensions dropped by 1.4% and 2.3% in middle and high schools respectively in schools that make no-cost school meals available to all students.



significant improvements in 5th-grade science and middle school reading test scores for schools that offer no-cost school meals

Ensure every child in every public school in NC has access to breakfast and lunch at school at no cost to their families