

**Friday, March 6, 2026**

**12:00 – 1:00 pm**

"Food Exposure Therapy to Treat Eating Disorders: The Dietitians Role"

Presenter: Rachel Liger, MS,RDN, Doctoral Candidate

Drawing on current literature and consensus guidelines, it reviews criteria for medical clearance, practical protocols for reintroducing exercise safely, and how dietitians can align individualized fueling plans with movement prescriptions within a multidisciplinary team.

**Friday, March 13, 2026**

**12:00 – 1:00 pm**

"Rooted in Trust: Community-Engaged Strategies to Advance Nutrition Equity" Presenter: Francoise Kazimierczuk, PhD, RDN, LD, CLC, ATC, CSCS,

NSCA-CPT, FAND

Attendees will leave equipped with tools to strengthen partnerships, honor lived experience, and address systemic barriers that contribute to nutrition disparities.

**Thursday, March 26, 2026**

**12:00 –1:00 pm**

"The Power of Perspective: How Lived Experience Strengthens Professional Practice" Presenter: Drew Hemler, MSc, RD, CDN, FAND

Through story, evidence, and practical tools, participants will explore cultural humility, reflective practice, and concordant care to build trust, relevance, and outcomes across settings. You'll leave with simple, repeatable practices to translate perspective into impact.

**Friday, March 27, 2026**

**12:00 – 1:00 pm**

"Choosing the Right Marketing Channels (Without Doing Everything)"

Presenter: Mari Milenkovic, MBA

We'll break down how to choose the 1-2 marketing channels that work best for you – so you can grow your practice without spreading yourself too thin

# **NCAND March Webinar Series 2026**

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and to register, scan the  
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